

AUTUMN
2018
FREE

The Grundisburgh and District News

Serving ASHBOCKING ■ THE BEALINGS ■ BOULGE ■ BREDFIELD ■ BURGH ■ CHARSFIELD ■ CLOPTON ■ CULPHO
DALLINGHOO ■ DEBACH ■ GRUNDISBURGH ■ HASKETON ■ OTLEY ■ PLAYFORD ■ SWILLAND ■ TUDDENHAM ■ WITNESHAM

SLOW DOWN – STRATEGY AHEAD

The local group SAVID (“Safer Village Driving”) is being revitalised. Representatives from a number of villages banded some years ago together to respond to the issue of speeding. Recently the group had struggled to maintain momentum and achieve its aim of villages working co-operatively to encourage safer driving and the observance of speed limits.

New representatives have now joined the group, with a fresh commitment to updating the strategy.

In 2016, 1,792 people were killed on the roads in Great Britain, with a third of these in crashes on rural roads.

Nationally, 15% of fatalities were in crashes where at least one driver was thought to be exceeding the speed limit. There is still a need for road user behaviour to improve, given that 95% of crashes are due to human error.

We have villages who are leading the way in trying to improve road safety. Villages like Great Bealings, Charsfield and Tuddenham adopt a range of measures including vehicle activated signs, community speed watch, entry gates, speed indicator devices (SID) and 30mph roundel signs painted on the roads to remind drivers of the limit.

Witnesham has put together a package of speed reduction proposals, including the use of SIDs and roundels; whilst Debach should have a SID

soon, paid from donations from transport companies. Robin Vickery, Suffolk County Councillor, is proudly supporting SAVID and will be funding a further SID for rotation across villages. The activities of these best practice villages will be used to form SAVID’s new strategy.

Continued on page 4

5pm on Friday 14 September is the deadline for comments to Suffolk Coastal on the revised Local Plan. More on page 4.



Above: Grundisburgh Symphony Orchestra members entertain guests at the horticultural society garden party

Photos below: Crossing the line - in Grundisburgh Scouts' duck race (more on page 14) and in the Village Show's three-legged race (page 10).



Photos Peter Kendall

News Diary

SEPTEMBER

Saturday/Sunday/Monday
1/2/3 Flower Festival
Nursery Rhymes St Mary's
Church Gr Contact 735775

Wednesday 5
Winter Pruning Otley &
 District Gardening Club Otley
 VH 7.30pm Contact 890563

Thursday 6
The History of Fish and
Chips Talk by Andy Malcome
 Grundisburgh WI BCR
 7.30pm Contact 735838

Saturday 8
Classic Car and Bike Rally
 Bredfield Bowls Club VH
 1-5pm Contact 07983 713005

Tuesday 11
Talk on Ipswich Charter
Hangings by Isobel Clover
 Tuddenham WI, VH 7.30
 Contact 785368

Thursday 13
Forget Me Not Club Age UK
 Suffolk Moat Farm Otley 2pm
 Contact 07841 460379

Saturday 15
Ceilidhs on Move Dances
 Clopton VH 7.30pm Tickets
 01394 383329

Sunday 16
Table Top Equine Sale 12-
 4pm The Bays, Clopton, IP13
 6QL 07796 991418

Thursday 20
Minsmere Nature Reserve
 Talk by Ian Barthorpe
 Hasketon WI Victory Hall
 7.15pm Contact 735579

Friday 21
AGM Grundisburgh,
Culpho & Burgh Hort Soc
 GrPR 7.30pm Contact 738997

Tuesday 25
FOGS Planning Meeting
 7.30pm Gr School Contact
 735353

Wednesday 26
Cribfest workshop 3pm
 GrPR Contact 735183

Thursday 27
Craft Group GrPR 9.30am
 Contact 735517

Saturday 29
Quiz Clopton VH 7.30
 Contact 737417

Saturday 29
Macmillan Coffee Morning
 10am Fynn Valley Farm
 Tuddenham WI Contact
 785368

OCTOBER

Monday 1
Bulbs Galore for Spring
Colour Otley & District
 Gardening Club Otley VH
 7.30pm Contact 890563

Wednesday 3
Cribfest workshop 3pm
 GrPR Contact 735183

Thursday 4
Silver Clay Demonstration
 Talk by Alison Mayston
 Grundisburgh WI BCR
 7.30pm Contact 735838

Friday 5
Grundisburgh Village Quiz
 Gr School 7 for 7.30pm PBE
 Contact 738831

Saturday 6
St Mary's Grundisburgh
Coffee Morning GrPR
 10.30am Contact 735775

Tuesday 9
Songs of the 30s and 40s
 Tuddenham WI VH 7.30pm
 Contact 785368 □

Wednesday 10
Cribfest workshop 3pm
 GrPR Contact 735183

Thursday 11
Forget Me Not Club Age UK
 Suffolk Moat Farm Otley 2pm
 Contact 07841 460379

Friday 12
Barn Dance, Ceilidh 7pm
 PTA Tickets £6 from school
 (in advance if poss) 735353

Thursday 18
Craft Group GrPR 9.30am
 Contact 735517

Thursday 18
Hidden Bhutan Talk by Mr
 Parfitt Hasketon WI Victory
 Hall 7.15pm Contact 735579

Saturday 20
Ceilidhs on Move Dances
 Clopton VH 7.30pm Tickets
 01394 383329 or on door

Saturday 27
Gift Day Bring & Buy.
 Bottom of Church Hill
 Tuddenham 10am-12noon
 Contact 735368

NOVEMBER

Saturday 3
Fireworks Display GrPF
 1st Gr. Scouts Stalls/
 refreshments from 4.30pm.
 Display approx 6pm. Contact
 735352

Saturday 3
St Mary's Grundisburgh
Coffee Morning GrPR
 10.30am Contact 735775

Monday 5
Plants for Winter Interest
 Otley & District Gardening
 Club Otley VH 7.30pm
 Contact 890563

Saturday 10/Sunday 11
Weekend of Poppies Clopton
 Church 10am-5pm 737805

Thursday 15
AGM Bring and Share
Supper Hasketon WI Victory
 Hall 7.15pm Contact 735579

Saturday 17
Ceilidhs on Move Dances
 Clopton VH 7.30pm Tickets
 01394 383329 or on door

Thu 22 - Sun 25
Cribfest 'Follow the Star'
 10am-5pm St Mary's Gr
 Contact 735183

Saturday 24
Ghost Stories Otley Hall
 7.30pm PBE Contact 890264

Thursday 29
Craft Group GrPR 9.30am
 Contact 735517

DECEMBER

Saturday 1
St Mary's Grundisburgh
Coffee Morning GrPR
 10.30am Contact 735775

Monday 3
Christmas Floral Craft
 Otley & District Gardening
 Club Otley VH 7.30pm
 Contact 890563

Tuesday 11
Comic Verse with Eric
Punaks Tuddenham WI VH
 7.30pm Contact 785368 □

Thursday 20
Craft Group GrPR 9.30am
 Contact 735517

Monday 31
NYE Ceilidh Clopton VH
 Dancing from 8pm Contact
 Diana 737417

Key to abbreviations:

PBE - pre-booking essential
 P/VH - Parish/Village Hall
 PR - Parish Room
 PF - Playing Field
 VG - Village Green
 Pav - Pavilion
 BCR - Baptist Chapel Room
 Gr - Grundisburgh

**All codes are 01473 unless
 given otherwise.**

Brief details of events with
date, name of event, venue,
time and contact phone
number should be sent by
7 November for the next
 issue to Andrea Ockenden,
 Gabledene, Rose Hill,
 Grundisburgh IP13 6TG, or
 diary@grunews.com.

Please indicate if tickets must
 be bought in advance.

**The diary was introduced to
 promote planned events and
 to help organisers avoid
 clashes of future events**

**Details can be sent up to a
 year ahead for inclusion for
 the website diary.**

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What's On

Lest We Forget

November 11th, 2018 marks one hundred years since the end of World War One, a dark four years where young men from across these villages left to do their duty, many never to return. To remember the sacrifices given during this conflict, commemorative events are being held across the Grundisburgh News area:



In **Great Bealings** a joint remembrance commemoration with **Little Bealings** is being held in the form of a Beacons of Light festival on 11 November at 7pm. The evening will include a blessing led by Reverend Celia Cook, a BBQ, (hopefully!) a band and fireworks. A detailed programme will be provided nearer the time.

Great Bealings will have one of 1,000 Beacons of Light which will be lit throughout the United Kingdom, Channel Islands, Isle of Man and UK Overseas Territories, with one of the first beacons being lit at Westminster Abbey. More information on the national commemoration can be found at www.brunopeek.co.uk.

St Mary The Virgin Church in **Clopton** will be holding a 'Poppy Weekend' on 10 and 11 November to mark the centenary of the Armistice. The church will be presenting a special remembrance tribute to local men who were lost in WWI. Over a thousand poppies will decorate the church, and there will be displays illustrating scenes of WWI. The church will be open all weekend between 10am and 5pm for viewing of the displays. Refreshments will be available.

On Sunday 11 November in **Clopton**, the Remembrance

Service will be held at 11am and in the afternoon there will be a Singalong of WWI songs with refreshments. Proceeds will go to The Royal British Legion Poppy Day Fund.

Tuddenham will also be holding a Remembrance Day Service at St Martins Church at 10.45am on 11 November, with the Royal British Legion in attendance.

Debach and Boulge are holding their annual remembrance service at the Memorial but this year, there will be readings from the war poets. There are also plans to plant an oak tree on Woodbridge Road to mark the occasion. It was originally the site of a Primitive Methodist Chapel, which was converted into a reading room for farm workers. Whilst it is going to take some work to clear the site, it is thought to be a very apt spot for a permanent memorial.

The Remembrance Service at **Hasketon** starts in the church 9.30, then processes to the War Memorial for two minutes silence.

Bredfield Parish Council plans to plant an oak tree in the entrance to the village hall.

In partnership with the parish council and with private donations, St. Mary's Church, **Grundisburgh** will be hosting three 'heroes', opaque figures seated in the pews, amongst the congregation. These will symbolically represent those who gave their lives in the service of others. There will also be a 15-foot cascade of homemade poppies from the west window to the floor.

Contributions of red poppies for the display will be welcomed. These can be made from any material and be no larger than four inches in size, and delivered to the church or to Pat Fletcher (left in her porch at 24 Post Mill Gardens).

Grundisburgh Brownies will be making poppies representing every fallen soldier on the Grundisburgh memorial. They will be made with lolly sticks and paper

cupcake cases, with the name of each soldier written on the stick.

Tanya Fosdick

Nursery rhymes in flowers

The theme of the next flower festival at St Mary's, Grundisburgh, is nursery rhymes and their origins. This takes place on Saturday 1 September (10am-5pm), Sunday 2nd (1-5pm) and Monday 3rd (10am-4pm).

Light refreshments will be served in the church each day and the funds raised will be given to the Blossom Appeal, Ipswich Hospital's Breast Cancer Care Centre, and St Mary's development fund.

Pat Fletcher, 01473 735775

Ghostly tales at Otley Hall....

Robert Lloyd Parry returns to Otley Hall for a masterful performance of ghostly tales by MR James on Saturday 24 November.

He will be reading 'Casting the Runes' and 'The Residence at Whitminste' by candlelight around the hearthside of the Great Hall. MR James wrote his ghost stories to perform to friends in the years leading up to WW1. Today they've lost none of their power to terrify and amuse. Tickets: are £17 per person and must be booked in advance. A bar will be available before the performance and in the interval.

The evening starts at 7.30pm and is suitable for ages 13+. The performance lasts about 100 minutes including an interval. To book or for more information please contact me.

Karen Gwynne-Vince, 01473 890264, events@otleyhall.co.uk or visit www.otleyhall.co.uk

CRIBFEST 18

Grundisburgh's now famous CRIBFEST is being held again in November (22nd to 25th, 10am to 5pm) in St Mary's Church. The theme this year is 'Follow the Star' and is focusing on the

Magi, the three Wise Men.

Local schools and the Grundisburgh Art Club are involved and a large 10ft star is being created by a community art workshop. These take place on three Wednesday afternoons (26 September and 3 and 10 October in the Parish Room from 3pm, and is open to anyone who wants to join in with the project.

We will also have various artists in residence and hope to welcome Mieczyslaw from Poland, who makes the wonderful angels that were so popular last time.

Canon Rev Clare Sanders, 01473 735283, revclaresanders@tiscali.co.uk

Celebrating the pumpkin

Pumpkins will be the focus of attention at the festival run by the Grundisburgh Guides on Saturday 20 October. There will be competitions - for the biggest pumpkin, the ugliest, the smallest and a chance on carve them on the day.

The obstacle race introduced last year to great acclaim will be repeated, when competitors - carrying their pumpkins - face a wide variety of hazards. The food on offer will, of course, include many delicacies using pumpkins

The event takes place on Grundisburgh Green between 12 and 3pm.

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News Tribute

**Frederick William Archer,
February 1925 to January
2018**

Fred, nicknamed Jockey after Newmarket jockey Frederick Archer, was born and raised in Charsfield. He attended Charsfield School then went on to Wickham Market School, cycling there every day.

At 14 he worked on a chicken farm in Clopton, before going to work for F. Martin at Shop Farm for over 25yrs. It was here he where met land army girl, Myrtle, who became his wife to whom he was happily married for nearly 67 years until her death in 2015. Their first home was a nissen hut in Manor Road, Clopton, where Philip and Hazel were born. Later they moved to Rouse Hall Estate, and I arrived soon after. This was their home for over 50 years until limited mobility meant moving to a bungalow just yards up the road

In the late 60s, he left Martins to work at the mushroom farm, and later Hubbards engineering. On retiring Fred spent his time gardening although on a smaller scale, taking some of the garden to make a putting green, spending many hours playing golf with his grandchildren. He also spent hours in his shed whittling away making things like mini wheelbarrows

which Myrtle would fill with plants; he loved it if his grandchildren joined him. He would give them bits of wood, nails and hammers and let them create masterpieces.

When not gardening or whittling bits of wood he would have forty winks in the sunshine in the shed doorway. Fred enjoyed visits from his family and took an interest in all they did, and looked forward to great-granddaughter Imogen visiting as she would sit with him and help him with his word search puzzles and to his weekly visit from his friend Ken.



Fred was proud of all his family and extremely pleased to welcome his youngest great grandson Taylor James into the family a few days after leaving hospital

last June after a serious illness. Despite failing health, with help from carers and my children, I was able to grant his wish to stay in his own home until the end, passing away shortly after being admitted to hospital. Fred is greatly missed by family and friends.

Jennie Wood

The full tribute is featured on The News website (www.grundisburghnews.org.uk) and included in the tributes folder in Williams coffee shop on Grundisburgh Green. Unfortunately The News does not often have room to include all the information provided by relatives.

Last chance to comment on the Draft Local Plan

The consultation period for Suffolk Coastal's first draft 'Local Plan' (DLP), which has been running since late July, ends on 14 September. The series of public drop in sessions has been completed but information can be found on line at www.eastsuffolk.gov.uk/suffolkcoastallocalplanreview.

The local plan sets out a strategy for delivering growth in the district for housing and business, and identifies where any development should be located.

Of the villages in The News' catchment area, the plan proposes new site allocations for Otley (two sites 20 +35 dwellings, page 304 & 306 in the draft plan), Charsfield (one site 20 dwellings, page 279), Winesham Bridge (two sites 20+20 pages 330 and 332), Tuddenham (one site 35 dwellings page 324) and Grundisburgh (one site 56 dwellings page 292).

In Grundisburgh the new site where houses could be built is in Ipswich Road opposite Grundisburgh Hall. The parish council held a special meeting for residents when many objections were raised and led the parish council to vote unanimously to oppose the proposal for the site's inclusion in the draft plan.

Residents are encouraged to comment directly themselves and these can be sent to Planning Policy, Suffolk Coastal District Council, East Suffolk House, Station Road, Melton IP12 2RT or online. Comment forms can be downloaded from the website and can be emailed to suffolkcoastallocalplan@eastsuffolk.gov.uk

Ann Willetts, chairman. Grundisburgh & Culpho Parish Council Planning Sub-Committee, ann.willetts@uwclub.net, 0473 738831

SLOW DOWN

Continued from page 1

There is a recognition that not all speeders are the same and so more than one measure needs to be adopted. The majority of speeders are 'accidental' – distraction means that they haven't noticed a speed limit sign or looked at their speedometer. For these, a reminder from a SID or a roundel will encourage them to slow down. For habitual and high-end speeders, community speed watch and police enforcement, based on data from SIDs, will be more effective at changing behaviour.

It is hoped that a consistent approach across the villages can be adopted and that places like Grundisburgh will resurrect its activities. Speeding is still a major problem and SAVID would like to work with local residents to secure our villages as safer, quieter and more enjoyable environments. Not only would SAVID like drivers to think about their behaviour but they also want residents to get involved.

Contact your parish council to be referred to your SAVID rep or visit the SAVID website: <http://SAVIDsafervillage.onesuffolk.net/suffolk-SAVID-safer-village-driving/>

The next meeting will be its annual general meeting - details for which were not finalised before The News goes to press but will be publicised on the website as soon as it is arranged and posters will be displayed in villages. Residents are encouraged to attend all SAVID meetings which rotate around participating villages

Tanya Fosdick, tanyafos@hotmail.co.uk

Tanya is a Grundisburgh resident and writes articles on a variety of topics for The News. In her professional life she is head of research for a road safety organisation and she will be acting as a consultant to SAVID, as well as covering its activities for us.

Update re Grundisburgh: The parish council had originally been offered funding for a SID from the county council but is now expecting to be able to share one. It is also pushing the county council to replace the 'entry gates' at Charity Lane as part of a safety scheme for that area. Ed



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THE NEW HOME FOR RIDING FOR THE DISABLED IN CLOPTON

It was a delight to visit the Woodbridge and District Group of Riding for the Disabled (RDA) at their new site in Clopton. They moved last December onto 24 acres of land leased from the Chamberlain family, for whose support they are extremely grateful.

The site was still being extended and facilities improved when we went there in April so we saw no clients that day. They resumed teaching in May following training of new volunteers and settling the horses after a difficult winter. All coaches who teach the clients are volunteers and take part in an 'RDA Coaching Pathway' to train for that role.

Claire Hinitt, the yard manager, has been with RDA for a year, having previously worked at Otley College coaching equestrian courses as well as coaching at local riding schools.

About 80 volunteers are engaged at the moment, the youngest being 13 years old and the oldest in their eightieth year. Some volunteers are able to offer two or three hours weekly, others can offer three to four days - all are valued and Claire says more volunteers are always needed. "How many staff are employed?" I asked - "One" Claire said "Me"! All jobs from assisting clients to caring for the horses and 'clearing up' after each session are done by the volunteer team.

Suitable horses

The horses most suitable for working with clients - who have a wide range of disabilities - are older and experienced since they are not so easily spooked and are content to stand patiently waiting for however long it takes for a client to mount or dismount. Claire smiles to recall that everyone was a little concerned as to how the horses would cope with the

noise of HRH The Princess Royal's helicopter when she came to open the site last December. They need not have worried - the horses just got

on with their grazing and took no notice of the arrival of royalty.

Although each horse does have its own character they are easy for the volunteers to handle. The horses we saw being put through their paces by volunteers certainly responded well to the care and praise of their riders. Praise and encouragement for both was generously given by Gillian Gurdon from Burgh who was coaching the morning's session. Gillian has been associated with RDA for many years - she says she loves it and this is obvious in her approach to her pupils, both human and equine. She is rightly proud of her '30 year medal'.

Acquiring suitable horses is obviously essential to deliver 'therapeutic riding and carriage driving for disabled people'. Claire says that sometimes horses are straightforwardly given, some are on permanent loan, volunteers will sponsor a horse and a few are owned by RDA outright - the cost of which could be in the region of



Photos by James Fletcher taken during the visit of HRH The Princess Royal, President of Riding for the Disabled, to the new site last December.



£4,000. Claire said some serious fund-raising will be needed to continue to cover running costs and expand the centre!

The people who benefit from this remarkable charity vary both in age and degree of disability. Clients are accepted from five and the upper age limit is about 60. The riding and carriage driving on offer enable them to develop both verbal and social skills, they learn to trust through physical contact with their horse (patting and stroking are particularly appreciated by visually impaired people) and conversation with the horses and the volunteers! Riding also provides valuable

physical therapy to clients through the strength and balance they develop and the movement of the horse.

Most clients need two volunteers, one to lead the horse and the other as a side-walker. Half hour sessions, for which each client donates £7, are limited to one per client per week such is the demand for places.

The RDA has a network of branches nationally which offer each other advice and support in what is obviously a highly complicated enterprise which calls for a variety of professional skills, allied with human warmth and empathy.

Anyone wanting more information about our new local group should contact Claire Hinitt on 01473 737087 or visit their website www.rdawoodbridge.org.uk

Madge Nicholas



The first 'Table Top Equine Sale' is being held by the RDA on Sunday 16 September at The Bays, Monewden Road, Clopton IP13 6QL. Setting up is from 11am, the sale from 12 to 4pm. It's a chance to sell or buy riding gear, tack etc. Teas, coffees, cakes and bacon rolls will be on sale. To book a pitch ring Jemima on 07798 991418.



All new for Otley Under Fives

From September exciting changes are afoot for Otley Under Fives as they move into a brand-new venue. The existing pre-school building has already been demolished and a fantastic state of the art establishment has been built in its place in the grounds of the school. The Under Fives simply can't wait to move in to utilise the new facilities including a host of brand new toys and equipment. If you are looking for a new pre-school for your little one, book in for a grand tour!

Our fantastic fundraising team has been working overtime to ensure that Under Fives is equipped with all the latest gadgetry – after all, what is a preschool without a brand spanking new mud kitchen, slide, sand and water trays plus a plethora of doll and car accessories to suit even the most exacting pre-schooler?

Fundraising activities have included a sponsored walk

around the village by our wonderful littlies, a car wash (which self-respecting three-year-old doesn't love playing around with bubbles?!) and even saw the amazing Dave Shutt (one of the dads) doing a 100 mile bike ride. Thank you to everyone who took part or sponsored one of our events - it will mean an even better pre-school for our under-fives.

Of course, Otley Under Fives is more than just your average pre-school, the rural setting means that we have unique access to the beautiful countryside on our doorstep. Our pre-schoolers recently went on a walk through the village to visit a parent's pony, Teasel, and were delighted to stroke it whilst learning all about caring for animals. They also enjoyed a well-earned end of term trip to the farm.

The before and after school clubs are also excelling with good numbers in both. The meal provisions in the after-school club have gone down swimmingly meaning working parents can pick their children up knowing that their children have enjoyed playing with their friends in a safe and caring environment and have even been given a nutritious meal.

If you are looking for a pre-school for any child between 18 months and five years, or are looking to place your child in the before or after-school clubs - please don't hesitate to get in touch as we currently have spaces available (including government funded 30 hour a week ones). Someone will be only too pleased to give you the grand

YOUNG FUNDRAISERS



Six members of the Funsters - the Grundisburgh Church junior youth group – have been raising money for the Ipswich Night Shelter. This is one of the projects run by Selig to help homeless people in Ipswich.

The money was raised by a sponsored silence, a pop up café and a car wash. The children, aged between 8 and 12 years, presented a cheque for £230 to Julia Hancock, the charity's manager. The Funsters meet on a Wednesday evening between 5.30 and 6.30pm. More information from Canon Rev Clare Sanders (01473 735183). More about Selig from Julia Hancock (01473 487010, office@selig.org.uk).

Supporting childrens hospice

Evelyn Andrews, who lives in Clopton, turned five in May. While discussing what she would like for her birthday we got onto the subject of children who aren't as lucky as her. I suggested that maybe it would be a nice idea if she could help in some way. After a few days of four year old contemplation (and the reassurance that she would

still receive lots of presents from family!) Evelyn said that yes, she would like to donate some money.



So we asked all her friends from St Mary's in Woodbridge to put money in a card to give to East Anglian Children's Hospices (EACH) rather than bring gifts to her

party. In doing so, Evelyn raised £130 for the charity and we personally went to the local hospice in Ipswich to hand the money over to Natasha Brame, the community fundraiser for the area. Needless to say, we are very proud of her and very grateful to everyone who donated.

Karen Viney

Danielle Stafford Andrews

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Singing for fun and good health

Forget-me-not clubs are widely established Age UK initiative offering support and social intercourse for people with memory problems and their carers. Locally, there are clubs in Aldeburgh and Woodbridge, but the club which meets at Nettus Barn, Moat Farm, Otley, is probably unique in offering music and singing in addition to tea and cakes.

The Nettus Barn club is the result of a meeting between barn owner Benedicta Chamberlain who was "wanting to do something to help carers", Age UK Suffolk's dementia community development officer Vicki Hutchinson and Yula Andrews, a professional musician (on left in photo above).

The club meets on the second Thursday of each month from 2pm to 4pm; the first half of the session is spent with music and singing, and the second is given to tea and cakes and socialising. While the carers appreciate the opportunity to exchange experiences and generally support each other, it is the music and singing which brings the smiles of joy, the energy and delight.

The music is provided by Yula, a musician with a deep conviction of the health benefits of singing, particular group singing. "It brings out the feel good factor, releases endorphins and, as with mindfulness, helps concentration and triggers memory" she says. All that is undoubtedly true but it is the sheer fun that evokes the response as Yula moves around the group, encouraging animation. I quite expected that someone would stand up to dance.



Yula provides song sheets but most of the members needed little prompting to remember the words and melodies of songs they'd enjoyed in their younger days.

On the day we visited 25 people were there. People come from Ipswich, Martlesham, Woodbridge and many outlying villages. Sessions at the club are free but there is a donation box should anyone wish to use it.

Yula also holds a session every Monday afternoon at Nettus Barn designed "just to cheer people up". She says it is for anyone who feels they would benefit. Her enthusiasm for people and music and singing is inspiring. One of her other choirs performed at Latitude recently - and I defy anyone not to respond to the joy which emanates from her music.

Vicky told me that everyone goes away with a smile on their face - I certainly did. She can be contacted for - 07841 460379 or 01473 351234, vicky.hutchinson@ageuksuffolk.org,

words Madge Nicholas, photos Stephen Newton

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We moved up from Essex seven years ago, where we had run a very successful dancing school for a number of years. The idea was to retire but the dancing bug got hold of us again and we started to teach in and around the Ipswich area.

We already have successful Monday evening classes running at Kesgrave High School and hold private lessons on a Thursday evening at Dan's Meadow in Martlesham. This September we are launching classes in

Hasketon Village Hall on Wednesday evenings.

We chose Hasketon when we were looking for a venue near Woodbridge and, of all the halls we visited, Hasketon provided the best floor for dancing, the size is great and there is plenty of parking space.

Beginners classes start there on Wednesday 12 September and run from 8.30 to 9.30 pm. They cost £5 per person, pay as you go. No booking is required and no partner is necessary.

We both worked our way through the ISTD Medal system as amateurs. I did a double degree as Leader (Man) as well as Follower (Lady). We have recently been accepted to teach on the cruise liners which we are both looking forward to.

We teach Ballroom (Waltz,



The teachers, Sharon and Graham Skingley.

and fun atmosphere, and offer extra help if needed.

Ballroom dancing brings many benefits, including a great social life and is great exercise for keeping fit. There is usually a dance most weekends in and around Ipswich that pupils are able to attend. We also hold a Saturday evening dance/social three times a year.

Sharon Skingley (AISTD),
www.danceasy.co.uk, 07946 347167 or
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Local Enterprise

Stephen Cooper continues his visits to our locals at

The Turks Head

The Turks Head is a Free House pub off the beaten track in Low Road, Hasketon. After a six month planning permission process it was refurbished for three years and reopened in 2015. It is owned by Dominic and Jemima Withey who both have business backgrounds.

Inside the atmosphere is an impressive combination of the traditional and modern like one might expect in a boutique country hotel. On entering the pub, a welcome bar with a large fireplace, a shelf with some books and games, a tabled bar area that is easy to either drink or eat. Walk up some steps to a more obviously restaurant area with local art on the walls. All suggesting a well thought out plan that delivers flexibility of use and invites guests to use the pub for any purpose they choose without feeling in anyway uncomfortable that they are in the wrong bit!

The pub aims to be a thriving business and part of the local community. It has won and been nominated for a number of awards – see the website details below. The pub attaches equal importance to good food and drink – particularly beer, placing emphasis on locally sourced and seasonal products.

The head chef, Chandramauli Dwivedi, was trained in French cooking in India and is therefore known for his ability to mix his cooking with cultural twists and whether you order a traditional European dish or one of Asian origin, you are likely to get something special. For the

ending heat it has no doubt been popular.

There is also an undercover outdoor TV area, ideal for

watching England in competitions, I am guessing that the area has other uses as well!

The pub hosts multiple events and the website is comprehensive, so good in fact, it's almost an additional benefit offered to customers. It gives useful information with details of menus, the chef's CV, information about the provenance of its drinks, special upcoming events including quiz nights and a tempting Southern Indian cookery demo all with prices, a monthly Blog, details of local walks that pass or finish at the pub and finally how to find the pub and book.

The pub even offers coffee mornings on Mondays for anyone to attend.

Jemima Withey runs the pub with a dynamic and energetic approach, providing excellent service which envelops customers whilst they are on the premises - and probably encourages them to make recommendations to others.

<https://theturksheadhasketon.co.uk>, phone 01394 610343.

Stephen Cooper

Stephen's earlier visits have been to The Three Horseshoes in Charsfield (issue 247) and Swilland's Moon and Mushroom (248).



Left: Chef Mauli with owner Jemima Withey.
Above: Banoffi Pie.



second year running he has reached the national finals in the Best Chef category for the Great British Pub Award, with the results due in September.

The garden offers a wide area of terrace with umbrellas and tables allowing a flexibility of use, ideal for larger parties. It has modern planting and sculpture that draws the eye and even offers pétanque courts that host local teams and high level competitions. Anyone can play on request, this year with the never

What's on in our pubs

The Moon & Mushroom in Swilland will be hosting a McMillan Coffee Morning on Saturday 15 September from 10am to 12noon. They appeal for help to make it the biggest coffee morning ever - with proceeds to McMillan Cancer Support.

Regular events are take away fish and chips on Fridays from 4 to 6.45pm. Pre ordering can be done by phone if wanted. The pub serves food all day Friday and Saturday, and offers a traditional roast and full menu on Sundays.

The Turks Head hosts one of its 'Supper and Quiz' nights, with a two course supper and seven rounds of questions on 12 September.

The Southern Indian cookery demonstration and lunch with head chef Mauli is on 18 September. It starts at 11am with tea, coffee and cake, followed by a two hour demo and a delicious lunch featuring the dishes.

On 21 September there will be live jazz in the bar from 8pm. On the 28th the pub will host a 'Spanish and Portuguese Wine Pairing Supper'.

On 4 October another 'progressive supper' with The Ufford Crown and The Table takes place, with transport arranged between the three venues..

The Grundisburgh Dog's Wednesday Night Curry nights begin on 5 September. There will be an Oktoberfest, with Bavarian beers and snacks from 4 to 7 October, and an 'all you can eat moules frites' evening on 17 October. The week from 19 to 25 November will feature special dishes featuring British game.

Pub quizzes at the Dog are being held on 7 October, 4 November and 2 December.

All the pubs in The News' catchment area are invited to contribute to this column.

GRUNDISBURGH VILLAGE SHOW ...



Hidden Gardens, the Village Show and the evening garden party - Grundisburgh Burgh and Culpho Horticultural Society events held in June and July - are all growing in size and support.

The open gardens in June incorporated an art exhibition for the first time when both professional and amateur artists displayed their work at Grundisburgh House. At Burgh House visitors could admire the natural swimming pond (photo right) as well as watch a willow weaving demonstration.

Planning for 2019 has already started, with Hidden Gardens booked for 8/9 June and with it being the 30th year, organiser Catherine Laxton is hoping for at least 30 gardens to open in the three villages.

The Village Show is scheduled for Saturday 13 July and a list of the classes will be published as usual in January - on our website www.grundisburgh.show, with printed copies in our village shops. All our classes are open to people from outside our three villages as well as within. This year the judges, provided by the Suffolk Horticultural & Produce Association were full of praise for the standard of entries.

Comments about any of the events and ideas for classes for the show will be welcomed at any time - but our annual general meeting on Friday 21 September will provide the ideal opportunity. All are invited, drinks and refreshments will be on offer and a short presentation of photos from the events this summer will be shown. This takes place in Grundisburgh Parish Room (opposite Forge Stores) starting at 7pm.

We are very grateful to all the volunteers who have helped throughout the year, and particularly on show day (more are

Scenes from the show: 1. Flower entries. 2. One of the new games specially made for the show by Phil Attwater. 3. Judging the sloe gin. 4. Heather Langdon's 'Linus Blanket' which won the 'top cup', the personal choice of the cup presenter. 5. GADs actors in costume on their stall to promote the 'am dram' society's activities. 6. Hanging baskets and produce entries, topped by the wall hangings made by Class 5 pupils at Grundisburgh Primary School. 7. Fun on the bungee trampoline. 8. District councillor Tony Fryatt who presented the prizes at the show with Rosemary Digby, winner of the cup for the most points in flower arranging classes.

always welcome!). Thanks also to our patrons who make an annual donation, to our advertisers in the show schedule, to our sponsors of classes, and of course our headline sponsor Strutt & Parker, all of whom help us keep the show going.

We are one of very few horticultural shows left in Suffolk to hold the event in a traditional marquee and are determined to keep it that way.

Martin Cripps, chairman@grundisburgh.show, 01473 738799



Above: Paul Bruce, art group tutor, hands out the thank you bouquets at the art exhibition preview in St Mary's Church.



Grundisburgh fete joins forces with the art group/

St Mary's Church fete was moved from its usual early September date to late July this year and arranged to coincide with an exhibition by members of Grundisburgh Art Group. Most of the fete activities took place on The Green on the Saturday afternoon and the display of artwork filled the church over the weekend.

A new attraction was the display of army vehicles brought over from the museum at Debach. These were parked one side of the stream while the games and stalls took place on the other. Teas and ice creams were served in the church. The total raised for the church was £2,250.

.... AND HIDDEN GARDENS



Natural swimming pond

Playford Fete brings in the crowds

Playford Village Fête on 23 June was held at Playford Hall again by kind permission of the owners, Adrian and Fiona Melrose.

The magnificent weather helped draw the crowds along with many stalls and sideshows, including a bouncy castle, pony rides, tractor rides, a cake competition, a produce stall and a treasure hunt. Teas, delicious sandwiches and cakes were on sale from the refreshment stall and visitors were treated to entertainment by musical duo Paddy Hynes and Verity Ellen, playing the guitar and singing.

The gardens at Playford Hall were on show to ticket holders and enjoyed by all who visited them.

Among the many visitors was local MP Dr Dan Poulter. He was spotted trying his hand at "Splat the Rat" (we are assured that no animals were harmed in any way by his attempts!)

The many wonderful raffle prizes included a one night stay in a stunning newly-built ECO house, a wheelbarrow of booze, a trip on the Orwell Lady, a round of golf at Ufford



Top: Paddy Hynes and Verity Ellen entertain.

Below: Dr Dan Poulter 'splats the rat'.

Park and a hamper of Gressingham Duck.

The final figure of £3100 raised was shared between Playford Village Hall and St Marys Church, Playford.

Marian Hedgley

Bredfield Fete makes Radio 4

I was delighted to hear that the Bredfield Church Fete had raised a mention on Radio 4. Not quite as one might expect! Broadcasting House aired on 29 July at 9am. About 15 minutes in, a mention was made of a slow radio clip featuring our fete and mentioning the "hand organ".

While not quite driven by hand, the organ is a major feature of our fete and has been making an appearance for many years. What I heard during the clip was the happy afternoon, meeting friends, spent in beautiful surroundings and while not quite so relaxing for us stall holders, many of our friends and family are already looking forward to next year's event.

Nick Young opened the fete and made reference to the many volunteers that support our communities - without volunteers the fete would not happen, without volunteers Bredfield would be a quieter and less friendly village. Thank you to you all and bring on Bredfield Church Fete 2019!

Special thanks to Andrew Miller - our organiser extraordinaire! The fete this year raised nearly £8,000.

Roswyn Bradshaw

Record number of deacons ordained

It was hot, it was momentous, it was deeply moving and above all, it was joyous - Saturday 30 June was a wonderful day for the St Edmundsbury diocese when Bishop Martin ordained 25 men and women into the deaconate and in the afternoon priested another seven. We could see he was as excited as

two years on attachment to our benefice whilst attending theological college in Cambridge.

In the afternoon Revd Sarah hosted a tea party for 80 family, friends and congregation members in the even hotter Tuddenham Village Hall. I presented her with a bouquet of flowers to say 'thanks for having us'.

Revd Sarah started her new job the very next day in the Nacton Benefice and will be moving to a curacy house in Kirton in September.

During her time attached to the church at Tuddenham she has become very involved with the village and attended many village events. We have very much taken her to our hearts and will miss her - come back and visit us soon Rev. Sarah!

Rev. Alan Forsdike



The new Rev'd Sarah with Catherine and Alan Forsdike.

the rest of us to preside over such a joyous occasion.

Among the 25 were two from Grundisburgh (see opposite) and (the now) Reverend Sarah Jenkins who had spent the last



from left the Rev Bill Herbert, the Rev Canon Clare Sanders, Bishop John Waine and the Rev Mark Cresswell.

Grundisburgh welcomes new deacons

A special service was held in St Marys, Grundisburgh on Sunday 1 July to celebrate the ordination of Mark Cresswell and Bill Herbert as Deacons. Mark and Bill were presented with stoles from the benefice which were blessed by Bishop John Waine.

The Revd Clare Herbert (Bill's sister) preached the sermon and the service was followed

by a relaxed lunch in the church. Mark and Bill will be ordained as priests next summer.

The ordination had taken place in Bury St Edmunds the day before.

Mark will serve as Assistant Curate in the Carlford benefice (and continue to work full time) while Bill is formally attached to St John's Woodbridge & Bredfield, but will still lead morning prayer in Grundisburgh once a month.

Canon Rev'd Clare Sanders

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BREDFIELD'S JUBILEE MEADOW AND ORCHARD

Orchids galore! That's what would have greeted you on a June walk through the Bredfield Jubilee Meadow and Orchard.

By far the greatest in number were *Southern Marsh Orchid* – a purple haze of over 200 flowers. Closer inspection would reveal *Pyramidal Orchid* (photo below), the fancy disguise of *Bee Orchid* (right), and a few *Common Twayblade*. Ninety eight species of flora have been identified in our small meadow. With such a biodiversity of flora, an array of insect-life is attendant.

Butterflies to be seen include: *Comma*, *Ringlet*, *Speckled Wood*, *Gatekeeper*, *Meadow Brown*, *Small Copper*, *Common Blue*, *Large Skipper* and *Essex Skipper*. As you may expect, it's a haven for bees too.



There's no meadow without a mowing. Suffolk Wildlife

Trust helps us manage the meadow for future blooms and this year we were advised to have a mid-summer mowing. Bredfield Jubilee Meadow and Orchard thrives because of its close partnership with organisations such as Suffolk Wildlife Trust and Orchards East.

Our next event is our annual

'juicing day'. Young and old from Bredfield will participate in the pressing of our local apples - not yet from the community orchard, but soon.

For a fourth year, we are thrilled to have received a Community Green Flag Award, in recognition that the meadow and orchard is amongst the best green spaces in the UK. Laurie Forsyth, of the Suffolk Flora Preservation Trust, has declared it to be "a natural history treasure that has survived into the 21st century".

For more information, visit the Bredfield Parish Council website. You'll find the meadow and orchard on the Woodbridge Road, north of the chapel.

Stewart Belfield,
stewart.belfield@btinternet.com

Otley gardeners look ahead

In the Summer issue of The News I was bemoaning the wild fluctuations in our spring

weather which were challenging Suffolk's gardeners. Little did I know then what was to come - drought conditions and record high temperatures (unless you're old enough to remember 1976!).

The weather has at last turned fresher, and we at Otley & District Gardening Club are eagerly looking forward to the start of our new meetings season. On 5 September. Crown Nursery boss and regular BBC Radio Suffolk broadcaster Graeme Proctor

will be telling us how to go about winter pruning.

At our future meetings we'll learn about plants for winter interest, practical horticultural skills, gardening for wildlife and much more. Add to that our now regular Spring open plant sale and our plans to visit the world-famous Kew gardens this summer, and you'll see that we have plenty of gardening fun to come at Otley. Why don't you come and join us?

Alan Trevelyan, Chairman, Otley & District
Gardening Club, 01473 890563,
atrevelyan62@gmail.com

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Hasketon gets knitting

Hasketon has a tradition going back many years of organizing an exhibition in the church to coincide with the village fete on the green. Subjects featured have included teapots, umbrellas and walking sticks.

This year it was knitting, and many creative contributions were on display. This included over 100 items knitted by Deanna Cook who sadly died earlier this year. Her husband David (far right) set a display of her work in her memory. The little chimney sweep on the right was made by Mary Andrews. Her aunt Ada Riches worked as a chimney sweep in Woodbridge in the Second World War, and now Mary makes them for family and friends on their wedding days to bring them good luck.

Members of the 'Busy hands, warm hearts' knitting group were in the church – to talk to visitors and to carry on knitting and spinning. This group, started by Hasketon resident Sarah Butters, meets on Thursday mornings in the Turks Head (10 to 11.30).

Next year the theme of the church exhibition will be 'wood' for



Right: David Cook with Deanna's display.



which Katherine Smith will be hoping for a wide range of contributions. Among the innovations at the fete itself was a competition for cake making and decorating, flowers, vegetables and fruit which was organized by Clare Rizzo.

words Nicola Hobbs, photos Peter Kendall

GADS GO FOR MURDER IN THE SUMMER - AND PANTO IN THE WINTER



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The summer offering from Grundisburgh's am dram company was 'Murder at Mole End' The whodunnit was directed by Ian Frost, and the players were Stephen Longbottom, Charlotte Crown. John Cuff, Vikki Compton, Roz Bull, Steve Newton, Phil Bailey and Rob Gilbert. Performances took place in Grundisburgh Village Hall, a ploughman's supper served to the audience in the interval.

The annual pantomime will take place as usual at the end of January. Auditions for the adult roles (14 upwards) will be held



on Wednesday 5 September at 7.30pm and Sunday 9th at 2pm at the village hall. Junior auditions will also be on the 9th but at 1pm.

The 'Little Panto of Horrors' will be directed by Nikki Brown and produced by Debbie Osborne.

words Nicola Hobbs,
photos Peter Kendall

Ballroom and Latin American Dance Classes

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TUDDENHAM TALES

Village Quiz

Tuddenham's annual village quiz was held on 12 May – as usual Adrian Frost was question master assisted by Jean Ellinor and James Frost as scorers. Monica Pipe and her catering team provided a delicious Ploughman's supper.

The winners were Joan and Doug Bloomfield's team ("I thought it was Speed Dating") while Julie Beckett's 'Irritable Vowel Syndrome' won the prize for the best team name. Maggie Pannou's team won the wooden spoon for the second year running and are determined to make it a hat trick next year.

Church Fete

Saturday 9 June dawned bright and sunny for Tuddenham's annual church fete. An hour before opening we were treated to a fly-past by the planes on the way to Trooping the Colour in London. We had a record number of attendees this year who enjoyed a pleasant afternoon visiting the stalls, listening to the band and enjoying delicious cream teas.

Lucie and Jules' Tie & Dye stall was very popular. For the first year we had a prayer tree where people could write prayers and wishes on tags and tie them to the tree. These were later placed on the church altar at the Sunday service. The fete raised £2,600 for church funds. Thanks to everyone involved.

Cleaning up Tuddenham

Thanks to everyone who helped in the recent village clean up and litter pick organised by parish councillor Pauline Proctor.

The teams tidied up the bridge area, pruned the cherry tree, stripped ivy from its trunk and cleaned the notice board. They also cleaned and tidied the drive and entrance to the village hall, cleaned play equipment in the playground and scrubbed picnic benches, as well as picking up litter at various places through the village. We have a pretty village – nice to see it looking so clean and tidy.



Teresa Jennings and her husband Paul opened their beautiful garden in aid of The Hospice. Together with members of Tuddenham WI, she served cream teas.



Right: Lucie Clayton at the Tie Dye stall.

Left: James and William Pipe.



Quiz champions - 'We thought it was speed dating'.



Pauline Proctor, Jackie Lugo and Trevor Beckett cleaning outside the village hall

New additions to the Airey family

In addition to four children (Ben, Emily, Holly and Kloe), Lynne and Trevor Airey also have two dogs (Pluto and Molly), two cats (Oreo and Tibs), three chickens (Catherine, Dotty and Amethyst) and a rooster called Rocky. As if this wasn't enough they have recently been joined by the two newest family members pygmy goats, Griff and Gruff, who are about four months old.

Evidently goats are good for anxiety as they are both affectionate and amusing. Having spent some time visiting Griff and Gruff, I can certainly say being with them is very relaxing – they are so cute and playful! Lynne did a great deal of



research before she got her goats. As they are herd animals you have to register with DEFRA and acquire a herd

number and build them an enclosure to a required specification – and then acquire an enclosure number from DEFRA. The goats are fed with goat pellets and grass – they sleep on sawdust in the summer and hay in winter.

It's necessary to ensure that they are trained on a lead so it is easier to handle them when they have their flea treatment or have their hooves trimmed. Lynne is often to be seen taking the goats for a walk through the village with the leads in one hand and poo bags in the other!

All text and photos on this page by Jean Ellinor. See pages 3 and 12 for more Tuddenham information.

GRUNDISBURGH GLEANINGS

GUIDES GOING PLACES

Great things are happening in the guiding world - and these are reflected in the Grundisburgh groups. The village has had successful Brownie and Guide units for many years and now these are joined by a Rainbow Unit for girls aged 5 to 7 years and a Rangers Unit for 14 to 18 year olds.

More money as well as more helpers, and particularly leaders, are needed so that activities can be expanded. There are events run by

Away Licenses' which means that, with some additional funding for more camping equipment, they will be able to run camps themselves.

The categories for badges for which the girls can work have been revamped by the Guiding UK and now include such things as baking, storytelling and inventing for the Rainbows and Brownies, backwoods cooking, vlogging and photography for Guides and digital design, animation and bush craft for the Rangers.

The new programme will be launched in January, starting with an open house session for parents and the public to come along and try some of the new activities, see some of the new badges and see the new programme in action. Look out

for further details. Anyone interested in finding out more should speak to Debbie Richards (deb290478@hotmail.co.uk, 01473 735044) or Kate Adams (katemooseadams@gmail.com 01473 735144).

The group will be running its annual pumpkin festival on Grundisburgh Green on 20 October (details on page 3).

Nicola Hobbs



The Cubs after their litter pick around the village.

SCOUTING NEWS

Fantastic weather for our Duck Race in June – we sold over 2,000 tickets and had a marvellous crowd who enjoyed the BBQ, ice-creams, stalls, refreshments, raffle and the ducks 'racing' down the stream. Thanks go to the prize sponsors, donations, our leaders, Kesgrave Scout Group, parents and everyone who helped us make an amazing £2,900 towards a new Scout HQ.

Thanks also to Mhyrsini who sold 210 tickets, Mathilda 160, Williams Stores 120, Sam and Livvy 40 each.

In late July Leaders and members attended summer camp in Bristol, and all four sections will be on family camp at Hallowtree, Nacton, in September, with Harvest Festival in October, Remembrance Parade in November. Our popular fireworks display will be on 3 November – see News diary.

Beavers had badge and health/fitness nights, archery, investitures, an evening hike, 'wet games' and crazy golf.

Cubs spent time litter picking through the village, to replace the official village litter pick that had been cancelled twice due to weather, took part in a village 'Alien Whodunit', district camp, athletics badge, campfire and crazy golf at Ufford Park with Scouts.

Scouts had badge night, games, rafting, archery, geocaching, wet weekend and crazy golf with Cubs.

Explorers had archery, camp fires, district BBQ, Gilwell Campsite and went 'crabbing' at Waldringfield.

If you would like to get involved with the Scouting Movement and are interested in helping us, please do not hesitate!

www.grundisburghscouts.org.uk www.fynnvalleyexplorers.org.uk

Pat Ross, Group Secretary/Beaver Assistant 01473 735352



Guiding UK that Grundisburgh's unit would like to be able to offer its girls. These include the Charnwood international camp involving 3000 young people from around the world next July and 'Magic and Mayhem' a camp based on a circus which aims to provide all the fun of a festival in a safe environment.

The organisers, Kate Adams and Debbie Richards, have just completed their 'Going



Fund raising challenge

Reuben Brame raised over £1,000 for the Tac's Rest charity after completing the Bobby on A Bike challenge (see our summer issue).

This was double the amount he had hoped to raise so he is really pleased and grateful for the support.

The organisers of Cafe 66 want to thank everyone who has supported them. People are invited to pop into Grundisburgh Village Hall on a Monday or Wednesday between 10am and 1.30pm for a drink and snack or light lunch. Fresh bakery items are available to order. The cafe supports people with learning disabilities. More information from www.cafe66.org.uk.

GRUNDISBURGH GLEANINGS



School runs farmers market

Every year Grundisburgh Primary School holds a farmers' market in the school hall. All the classes plan and run stalls for the market – these have a food-based theme to them: Year 1 were selling fruit kebabs they'd made in class for instance.

We also have local businesses and food providers running stalls – Hillfarm who produce a range of products from rapeseed – different types of oils – besides making their own honey; plus Scarlett and Mustard, Munchy Seeds and Stokes all ran stalls on the day. This year we also had a stall run by Caterlink who will be our new catering provider in the autumn term.

Running the farmers' market is also part of our on-going Food4life Project. This is all about the children growing and cooking food, improving the dining hall and lunchtime provision and developing healthy eating generally - besides sourcing local ingredients and making links with a local farm. We have already achieved our Bronze Award and are currently working towards the Food4life Silver Award.

John Lynch, Head teacher, Grundisburgh Primary School

FOGS fund raisers

Friday 22 June was a great day for Grundisburgh Primary School. A brilliant sports day was followed by a very successful and enjoyable post-sports day fundraising BBQ, organised by the



school's PTA, the Friends of Grundisburgh School (aka the FOGS). Over 330 adults and children gathered at the school to enjoy excellent live music provided by Elliot's Remedy, a local band comprising parents and ex-parents of the school, delicious hamburgers and sausages and a chilled glass or two of their choice from a licensed bar (soft drinks for the children!).

A staggering £2,000 was raised which will go towards funding new play equipment for the playground which the children will be able to use next term. FOGS would like to thank everyone who supported the evening.

The FOGS organise a number of fundraising events throughout the year which are open to all, not just members of the school.

Forthcoming events include a Ceilidh or Barn Dance on 12 October with live music provided by Stumpy Oak. Tickets at £6 include a complimentary drink on arrival, will be available from the school office. The much anticipated and always enjoyable FOGS Curry and Quiz night will be held on 1 March. Both events will be supported by a licensed bar.

Kath Baird, Treasurer, FOGS



WI REPORT

Once again our president, Barbara King, invited us to her lovely garden for our summer party in June. The sun shone, laughter and chatter flowed while we enjoyed our high tea to the accompaniment of nostalgic 50's and 60's records. It was over all too soon, but we all agreed it had been a very pleasant afternoon.

Our mystery tour, on a very hot day in July, found members on a coach trip to Frinton on Sea. They had ample time to explore a very large garden center, meeting up again for a tasty lunch, before moving on to the resort.

The weather has been good for our outdoor activities this summer, but we know we can

look forward to the rest of our meetings this year come rain or shine, because a warm welcome and good company always awaits us. We are happy to see new faces. (First thursday of the month, 7.30pm. at the Baptist Chapel in Meeting Lane).

Carol Barker, 735838

New village hall update

Following feedback at a recent meeting, the village hall management committee are undertaking further detailed research. This includes a value engineering exercise in order to save costs and increase value for money. Contact had already been made with a number of local businesses, and anyone else interested in providing services would be very welcome. We would also like to hear from anyone interested in helping to raise money.

This is why the committee has asked the parish council to put on hold organising the ballot on a possible Public Works Loan Board loan to close the funding gap. We are conscious that efforts to provide a new hall have now been continuing for over 30 years; meanwhile our 98 year old hall is unlikely to last very much longer.

The committee and its steering group continue to work hard on getting a suitable new hall for the needs of our village.

Peter Kendall, 01473 738267, peter@GrundisburghVillageHall.uk



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anne.hutchison@btopenworld.com**SPORTING STORIES****Summer of fun at Grundisburgh Tennis Club**

Four to eleven year olds have been enjoying tennis coaching at Grundisburgh Tennis Club as part of the LTA's Tennis for Kids 2018 national initiative. It's been great to see the courts in use with kids and parents having fun together playing this wonderful game.

Every child who took part received six high-quality lessons, delivered by the club's LTA qualified coach, Carl Douglas, as well as an exclusive Tennis for Kids Babolat racket, mini tennis ball set, and personalised T-shirt along with follow on offers to encourage them to keep playing.

There will be more coaching this autumn with Junior Mini Tennis Squads (ages 5-11) starting on 12 September, as well as one to one junior and adult coaching on offer throughout the year. Visit the coaching page on our website for the latest information.

As part of the Great British Tennis Weekend, the club held a special event on 22 July. It was a lot of fun. Our new

coach Carl was providing mini tennis coaching for the kids and also introducing the adults to a new fast paced tennis game known as Tennis 3's. Members and non-members were playing singles and doubles games, players had the speed of their serve measured and it was all topped off with a lovely BBQ meal!

Throughout the year

We have welcomed lots of new members this year and we are planning to continue the fun through the autumn and winter with plenty of tennis for all abilities, alongside other social events.

For more information please contact Sue Haddock on 01473 738872 or email sue.haddock@grundisburghtennis.co.uk. To find out about coaching click on the link at the top of the page on the Grundisburgh Tennis Club website or go to: <https://clubspark.lta.org.uk/GrundisburghTennisClub/Coaching>

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A big thank you to our distributors

Since it was first published in May 1981, the Grundisburgh and District News has produced 248 editions. It is currently delivered to 18 local villages. Its production and distribution are carried out on a voluntary basis. The production costs are paid for by advertising. Many local people are engaged in different roles and at a recent management meeting it was proposed that special thanks should be made to the often 'unsung' distributors.

The six main distributors between them deliver around 3,000 copies to approximately 50 local people who kindly act as sub-distributors, braving the elements and sometimes the livestock, to deliver door to door four times a year. Supplies are also left in central spots, such as pubs and shops. We are always looking for more distributors particularly in Winesham and Ashbocking so if you would like to help please get in touch.

Stephen Cooper, distribution co-ordinator, stephen.cooper23@me.com

PEACE OF MIND AND SECURITY FOR FREE

The Sir William Brampton Gurdon Cottage Trust, as part of their work, pays for the installation and rental of emergency alarms for 51 Grundisburgh residents. This is a touch-button 'emergency call' service for older and other vulnerable members of the community who may be immobile, frail, living alone, isolated, lonely or afraid. It provides a personal response - 24 hours a day, 365 days a year, offering security and peace of mind to users, family and friends

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The service for Grundisburgh residents is completely free. To find out more about emergency alarms, or any other part of the Trust's work, please contact me.

*John Ager, Clerk to the Trustees, 8 Post Mill Close, Grundisburgh, 01473 735541,
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About The News

www.grundisburghnews.org.uk

Grundisburgh & District News is a free community publication produced by volunteers. Around 3,000 copies are distributed to homes and a range of central locations in Grundisburgh and 17 other villages (as listed on front page). Four issues are published annually. Contributions, comments and ideas are welcomed: Ford House, The Green, Grundisburgh IP13 6TA, editor@grunews.com. All issues are included on our website.

Information can be supplied on paper or email. If emailed, the *topic of the article* should be shown in the *subject box*. Photos can be sent as JPGs (but not embedded in Word documents) or as prints.

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Next issue No 250 Winter 2018/19

Copy deadline: Wednesday 7 November

Publication: Friday 30 November

ADVERTISING RATES

1/16 page (w.44mm x h.66mm or w.92mm x h.33mm)	£20
1/8 page (w.92mm x h. 66mm)	£50
1/4 page (w.92mm x h.136mm or w.190 x h.66mm)	£110

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Local organisations advertising fund raising events are charged at half the normal rate.

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**Adverts for next issue to be sent by to Diane Waters, 2 New Hall, Carlton Park, Saxmundham IP17 2NJ or
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